



# DO YOU KNOW?

## OUR BODIES

Video  
Activities  
Level 1

### Our Bodies video 1

1 What can you see? Put a (✓) or a (X) in the boxes.

They are playing. . .

. . .football	<input type="checkbox"/>	. . .netball	<input type="checkbox"/>	. . .tennis	<input type="checkbox"/>
. . .basketball	<input type="checkbox"/>	. . .rugby	<input type="checkbox"/>	. . .table tennis	<input type="checkbox"/>

2 Write the correct words on the lines.

muscles

drink

exercise

We ..... water because it helps our ..... when we .....

### Our Bodies video 2

1 Order the sentences. Write 1–3.

- ☐ Our brain tells us to move.
- ☐ A message is sent to our brain.
- ☐ We see with our eyes.

2 What can she see? Put a (✓) or a (X) in the box.

She can see. . .

. . .a cat	<input type="checkbox"/>	. . .a dog	<input type="checkbox"/>	. . .her friend	<input type="checkbox"/>
. . .her mum	<input type="checkbox"/>	. . .her dad	<input type="checkbox"/>	. . .her sister	<input type="checkbox"/>



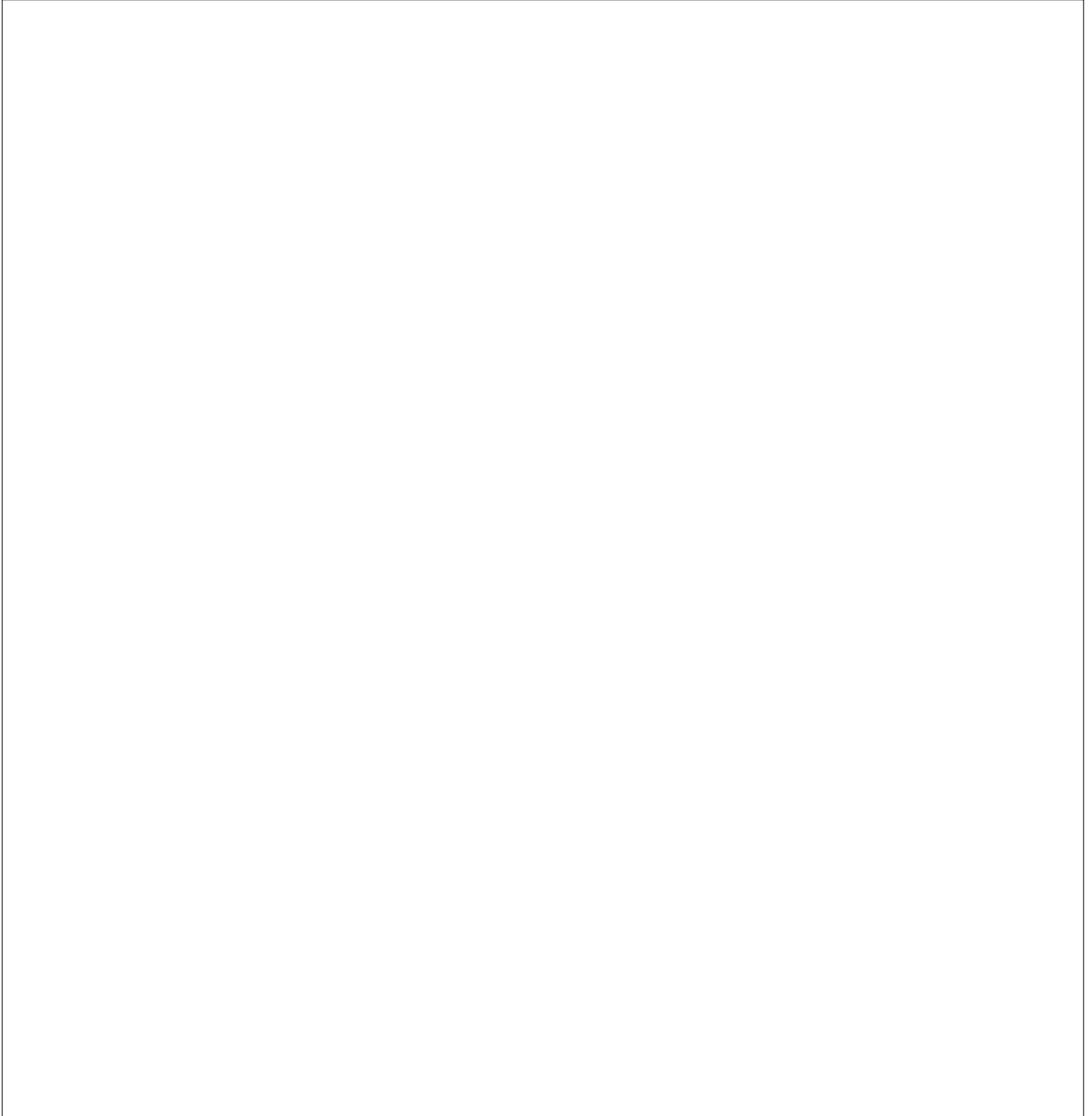
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### Our Bodies video 3

Draw the lungs and write the correct word on the line.



Our lungs are in our .....