

Words and pictures

Draw lines to match the pictures to the words.

balanced diet



sugar



eat



fat



milk



bones




Crossword


Can you fit these words into the crossword grid below?


body bones teeth
fruit vegetables snacks


Circle the word

Circle the word that is missing from each sentence.

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We must eat to live and to be
energy grow well
- 

Healthy food has vitamins and in it.
fruit minerals dairy
- 

We must eat fruit and every day.
vegetables minerals snacks
- 

Too much is not good for your teeth.
fat water sugar

